



CONFIDENTIAL COACHING INTAKE FORM

(please print clearly)

Name: _____ Date _____

Date of birth : _____ (M/D/Y) Sex: M F

Address: _____

EmailAddress: _____

Empower your Health with monthly health tips by Nature's Touch: YES _____ NO _____

Telephone number:

Home: _____ Work: _____

May we leave messages or email relating to your visits? YES. NO

Emergency contact:

Name: _____ Phone number: _____

Relation: _____

How did you hear about our Clinic?

If referred, who were you referred

by: _____

Other health care providers you are seeing:

1.

2.

3.

**Coaching
Intake & Agreement Form**

Anne Marie Flavell
Certified Coach Practitioner

Have you ever been treated for an emotional problem? Yes _____ No _____

If yes, what type of treatment did you receive

Please list any medications you are currently taking:

Please list any current health problems:

How would you like to improve yourself in positive ways?

Have there been any previous methods to solve the problem? If so, please describe the method
and results:

In one sentence, describe your life:

In one sentence, describe your problems:

What motivates you?

List one thing you feel proud of and why:

For each question, please check off the characteristic that best describes you and your behaviour:

1. I make important decisions based on:

- How I feel about it
- Which way sounds the best to me
- Which way looks best to me
- A complete analysis and evaluation of the issues

2. In a discussion I am most likely to be influenced by:

- The other person's tone of voice
- Whether or not I can see the other person's point of view
- The logic of the other person's perspective
- How I connect with the other person's feelings

3. I communicate what is going on with me most by:

- The way I appear and look
- How I share my feelings
- How I express my thoughts
- The tone of my voice

4. I find it easy to:

- Fine-tune the volume and resonance on a stereo system
- Find the most logical point on a subject
- Pick out the most comfortable furniture
- Picture the most attractive colour combinations

5. Which phrase is most like you?

- I am tuned into the sounds around me
- I process new facts and data easily
- I am very in touch with the way my clothes feel on my body
- I vividly respond to colours and to the way a room looks

6. I know that someone knows me best when they:
- 🍏 Are in touch with what I am feeling
 - 🍏 See things from my point of view
 - 🍏 Really hear what I am saying
 - 🍏 Understand how I think
7. I am more likely to:
- 🍏 Want to make sense of the facts you convey to me
 - 🍏 Want to see how it appears to me
 - 🍏 Want to hear how what you say sounds to me
 - 🍏 Want to grasp how the project feels to me
8. To make something real to me you need to:
- 🍏 Show it to me
 - 🍏 Tell me about it
 - 🍏 Let me feel it out
 - 🍏 Make it logical
9. When I am stressed I find it least easy to:
- 🍏 See someone else's perspective
 - 🍏 Tune into what someone else is saying
 - 🍏 Separate my feelings from someone else's
 - 🍏 Consider someone else's thinking
10. I usually:
- 🍏 Listen to my inner voice
 - 🍏 See my path clearly ahead
 - 🍏 Feel my way through life
 - 🍏 Organize and decide my life logically

Important Appointment Information

All sessions shall be scheduled in advance. Should you be unable to make your session, please provide a minimum of 24 hours notice. Thank you.

Signature: _____

Date: _____

COACHING AGREEMENT

Today's Date:

Client's Name:

Coach's Name: Anne Marie Flavell

The terms of this Coaching Agreement, between _____ and Anne Marie Flavell have been discussed, agreed, and signed below.

Accountability

The success of any coaching relationship is always determined by both the perspective given by the coach and the follow through by the client. This process is known as accountability. Scheduled appointments will be agreed upon, action steps will be agreed upon, and accountability to both the process and the agreements made during each coaching session will determine the success of the coaching process. The services to be provided are in-person. Coaching, which is not therapy, or counseling, may address specific personal, business, or general goals and objectives.

Confidentiality

All information provided shall remain confidential.

Refund & Guarantee Policy

Because coaching is a relationship-based service, and not a material product, no refunds or guarantees shall be offered in this agreement.

Coaching Fees

Apply to the fees set out by Nature's Touch Naturopathic Clinic

Acceptance

Our signatures on this agreement indicate full understanding and agreement of the information outlined in this agreement.

Coach's Name:

Client's Name (print):

Coach's Signature:

Client's Signature:

Date:

Date:
